

**1 in 5** older adults



experience at *least* one of the following:



Food insecurity



Skipped meals



Difficulty paying bills



Medication cut-backs



Dissatisfaction with finances

**FRAC**  
Food Research & Action Center

Are you **60+** and in need of supplement food assistance? You or someone you know may be eligible.

## COMMODITY SUPPLEMENTAL FOOD PROGRAM

- Self-declare that you meet the income guidelines below
- Have identification with your date of birth
- If so, you are eligible to receive **FREE MONTHLY** food through the CSFP "Senior Box" program.

### Senior Income Guidelines:

Household Size:	Monthly Income:
1	\$1,632
2	\$2,215

- \* Proof of income is NOT required. You will be asked to self-declare income.
- \* Food box provides a selection of canned fruits, vegetables, milk, grains, proteins and more!

### CSFP Distribution Location

Will depend on your county of residence

For more information contact  
Shelly Neeley, Program Coordinator  
at  
**419-222-7946 ext 201**

